


GUIDE FOR GIRLS

Support for Sexual Assault and Domestic Violence Survivors


Nova Scotia Domestic Violence Resource Centre


 : nsdomesticviolence.ca

Nova Scotia Mental Health and Well Being

 : novascotia.ca/mental-health-and-wellbeing

Provincial Mental Health Crisis Line


 : <https://mha.nshealth.ca/en/services/provincial-mental-health-and-addictions-crisis-line>


 : 1-888-429-8167

Pictou County Women's Resource & Sexual Assault Centre

 : <http://www.womenscentre.ca/>


 : info@womenscentre.ca

 : 902-755-4647

 : 503 South Frederick St., New Glasgow
@PCWomensCentre
@PCWomensCentre

Pictou County Sexual Health Centre

 : director@pcshc.ca

 : (902) 695-3366


<https://www.facebook.com/pg/Pictou-County-Centre-for-Sexual-Health-163306117043105/>

<https://twitter.com/PCSexualHealth>


That's Not Cool

 : www.thatsnotcool.com

Second Story Women's Centre

 : secondstory.ca

 : info@SecondStory.ca


 : 902-640-3044

 : PO Box 821, 18 Dufferin Street, Lunenburg

The Lotus Centre: A Resource for Women

 : <https://www.thelotuscentre.net/>

 : coordinator@thelotuscentre.net


 : 902-895-4295


 : A Women's Resource Centre
67 Dominion Street
Truro, N.S.

LEA Place Women's Resource Centre

 : leaplace.com

 : program@leaplace.com


 : 902-885-2668


 : 22709 Highway #7, Box 245, Sheet Harbour, NS, b0j 3b0

South House Sexual and Gender Resource Centre

 : www.tiget society.dsu.ca/organization/southhouse

 : volunteer@southhousehalifax.ca


 : (902) 494-2432


 : 1443 Seymour Street
Halifax, NS B3H 3M6
<https://www.facebook.com/south.house.54/>
<https://twitter.com/southhousehali>

Every Woman's Centre

 : everywomanscentre.com

 : woman.centre@ns.sympatico.ca


 : 902-567-1212

 : 21 Trinity Avenue Sydney, NS, Canada B1P 4Z4
<https://www.facebook.com/Every-Womans-Centre-1558300964482783/>

tri-County Women's Centre


 : www.tricountywomenscentre.org

 : info@tricountrywomenscentre.org

 : 1-877-742-0085

Antigonish Women's Resource Centre and Sexual Assault Services Association

 : awrcsasa.ca

 : 902-863-6221


 : 204 Kirk Place, Antigonish, NS, b2g 2c1


 : 219 Main Street, Antigonish, NS, b2g 2c1

Halifax Sexual Health Centre

 : hshc.ca

 : info@hshc.ca


 : (902) 455-9656


 : 7071 Bayers Rd, Suite 302, Halifax NS B3L 2C2
<https://www.facebook.com/HSHCNNS/>
<https://twitter.com/HfxSexualHealth>

Sexual Health Centre for Cumberland County

 : <https://sexualhealthmatters.ca/>

 : sexualhealthcumberland@gmail.com


 : 9026677500

 : 82 Church St., Amherst
<https://www.facebook.com/pg/Sexual-Health-Centre-for-Cumberland-County-225778277501746/>
https://twitter.com/shc_cumberland

Strait Area Women's Place

 : <https://www.facebook.com/StraitAreaWomensPlace/>


 : straitareawomensplace@gmail.com


 : Suite 102, 609 Church Street, Port Hawkesbury
[@StraitAreaWomensPlace](https://www.facebook.com/StraitAreaWomensPlace)

The Women's Place Resource Centre

 : wprc.ddns.net

 : womensplace@eastlink.ca


 : 902-363-2030


 : PO Box 595, 298 Marshall St, Middleton
[@wprc.ns](https://www.facebook.com/wprc.ns)

Women's Centres connect

 : womenconnect.ca

 : coordinator@womenconnect.ca


 : 902-755-4647


 : 503 S. Frederick St, New Glasgow, NS b2h 3p3


Avalon Sexual Assault Centre

 : Avaloncentre.ca

 : info@avaloncentre.ca

 : 902.422.4240

 : For an immediate sexual assault (within 7 days) contact the Avalon SANE Response Line 902-425-0122 or go to the emergency department of the IWK, Cobequid, QUILL of Dartmouth general Hospital (HRM)

 : 1526 Dresden Row, Suite 401
Halifax, Nova Scotia B3J 3K3
Kijipuktuk, unceded Mi'kmaq territory.


Stay Teen - NOW Power to Decide

 : <https://powertodecide.org/>

Sheet Harbour Sexual Health Centre

 : Website

 : sheetharbourshc@hotmail.com

 : 22637 Highway 7

PO Box 211

Sheet Harbour, NS

B0J 3B0


<https://www.facebook.com/sheetharbourshc/>


<https://twitter.com/SheetHarbourSHC>

Colchester Sexual Assault Centre


 : <https://www.colchestersac.ca/>

 : info@colchestersac.ca


 : 902-897-4366

 : 35 Commercial Street, Suite 403
Truro, NS B2N 3H9
<https://www.facebook.com/ColchesterSAC/>
<https://twitter.com/csac16>
<https://www.instagram.com/colchestersac/>

Sexual Health Nova Scotia

 : shns.ca

Sexual Assault Nurse Examiner (SANE) Program

 : 1-833-577-SANE (7263)


Power to Decide

 : stayteen.org

The Red Door

 : www.thereddoor.ca

 : info@thereddoor.ca

 : 1-902-679-1411

 : 10 Webster Street,
Suite 203
Kentville, NS Canada
<https://www.facebook.com/reddoornovascotia/>
<https://twitter.com/reddooryouth?lang=en>
<https://www.instagram.com/reddooryouth/?hl=en>

Love is Respect

 : <http://www.loveisrespect.org/>


PREVNet - Promoting Relationships and Eliminating Violence Network

 : <https://www.prevnet.ca/>

Break the Silence: Be The Change

 : changethesilence.org


 : info@changethesilence.org


 : 4555 Shore Rd, Eskasoni, NS B0A 1K3


Transition house association of Nova scotia

 : www.thans.ca

 : coordinator@thans.ca

 : 18552250220

 : 9024290561

 : 204-6169 Quinpool Rd, Halifax, NS, b3l 4p8


<https://www.facebook.com/transitionhouseassociationns>

https://twitter.com/thans_ns

Alice House

 : www.alicehousing.ca

 : livesafe@alivehouse.ca

 : 902-466-8459

 : PO Box 333, Dartmouth, NS, b2y 3y5

<https://www.facebook.com/alicehousing/>

<https://twitter.com/alicehouse>

