



GUIDE FOR GIRLS

Native Alcohol and Drug Abuse Counselling Association of Nova Scotia

 : www.nadaca.ca


 : 902-379-2262


 : 1-866-588-5954


 : PO Box 7820, 70 Gabriel St, Eskasoni, NS,
b1w 1b4

Al-Anon: Help for Families and Friends of Alcoholics

 : al-anonmaritimes.ca

 : area_91@gmail.com


 : 902-466-7077


 : c/o North Woodside Community Centre
230 Pleasant Street
Dartmouth, Nova Scotia
B2Y 3Y3 Canada

Nova Scotia Mental Health and Well Being

 : novascotia.ca/mental-health-and-wellbeing


Provincial Mental Health Crisis Line

 : <https://mha.nshealth.ca/en/services/provincial-mental-health-and-addictions-crisis-line>


 : 1-888-429-8167


Addiction Services


 : novascotia.ca/dhw/addictions

 : 18559221122 (NSHA mental health and
addictions)


IWK Mental Health and Addiction Services

 : www.iwk.nshealth.ca/mental-health/overview-mental-health-and-addiction-services


 : 902.464.4110

 : 1.855.922.1122

Alcoholics Anonymous

 : aa.org

Narcotics Anonymous

 : na.org